



LITTLE SISTERS OF THE POOR

St. Joseph's Home

Serving the elderly poor in Virginia since 1874

Mission Statement

As Little Sisters of the Poor, our mission is to offer the neediest elderly of every race and religion a home where they will be welcomed as Christ, cared for as family and accompanied with dignity until God calls them to himself.

Our Home in Virginia

Following St. Jeanne Jugan's example throughout our 141 years in Virginia, the Little Sisters of the Poor have relied on God's Providence, manifested through the kindness of benefactors, to continue our work of caring for the elderly poor. A financial statement is available upon request from the Commonwealth of Virginia Office of Consumer Affairs.

**Little Sisters of the Poor
St. Joseph's Home for the Aged
1503 Michaels Road
Henrico, VA 23229**

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Taking advantage of every moment, Residents and Staff engage in stimulating entertainment of all kinds. Above, Resident Bridget Molito grins as she readies her throwing arms for a strong toss and Residents Geraldine Macklin and Helen Korzun model lightning fast reflexes to hit the incoming beach ball back to another participant.

Working Hard and Having a Ball

Residents Hone Motor Skills and Memory with Games and Activities

From the moment Residents first come through the doors of our home they are welcomed into the LSP family, and receive the utmost level of care, comfort, and love, as well as access to top-notch services. We believe in not only taking care of their physical needs, but in nurturing their spiritual, social, mental, and emotional needs as well.

These goals are front and center as our activities staff develops the calendar for each month. Residents are offered a wide range of options for their enjoyment and enrichment, from the light and fun ice cream socials to games that are beneficial to their health.

One such activity is a simple ball game, developed as a fun mid-morning diversion that also hones gross motor skills, offers an opportunity for physical activity in a safe and controlled way, and challenges memory recall in a social and fun environment.

Residents engage their senses as they play, and it is a blessing to see such vibrant personalities coming to life. During a recent game, Julia Foster laughed as she reminisced about touch football games on a grassy patch by her childhood home, the only girl in a gaggle of rowdy neighborhood boys. Meanwhile, Geraldine Macklin showed off the skills she learned as a PE teacher and volleyball coach.

We are so proud of our entire family here at LSP, and thankful for the donors who so graciously contribute to our home. Every dollar means another laugh, another fond memory, and another happy, fulfilled Resident. We hope when you see the beautiful smiles of Residents like Bridget (above), you are reminded of the tremendous impact your donation has on so many lives.

Little Sisters of the Poor



Left: AJJ member Sylvia Wayne serves up a 'thank you' to one of our dedicated volunteers with a platter of Chef Phillip's delicious pastries and tarts. Right: Resident Berta Gleyzer provides musical entertainment to the gathering with some joyful tunes on the piano.

Crafting for Christmas

Do you dream of snowflakes, hot cocoa, neatly hung stockings, and brightly wrapped presents nestled beneath the Christmas tree? Have you secretly checked the calendar to countdown the number of days until the Christmas season officially begins and you can pull out your favorite nativity scene and sing carols with abandon?

Well then, make sure you mark one more date on your Christmas Countdown calendar for one of the best events of the season, the 38th Annual Christmas Bazaar at the Little Sisters of the Poor! The event will take place on Saturday, November 14th, from 9:00 AM to 2:00 PM.

Our wonderful volunteer 'elves' are hard at work in their workshop crafting beautiful woodcrafts, ornaments, decorations, and wreaths for lucky buyers to take home at the bazaar. Come for a day of festive fun and get unique gifts for everyone on your list, all while supporting a great cause. You can even pick up some frozen dinners for quick meals during this busy holiday season.

All proceeds go directly to our home and the care of our lovely Residents during this upcoming holiday season and all year round.



With an eye on November, loyal volunteers (from left) Mary Martha Thedieck, Suzie Bailey, Joan Hart, and Elaine Gifford put their crafting skills to work for the Bazaar.

Honoring Our Helping Hands

Here at our home we are blessed to have some of the most dedicated, kind, and thoughtful volunteers. They come through these doors day after day with smiles on their faces, and set to work wherever they may be needed, striving to make this someplace our Residents truly feel proud to call 'home.'

Our volunteers, like our Residents, come from all areas of our community—spanning different neighborhoods, ethnicities, and ages. From the tiniest tot tagging along with mom and dad to help with 'kid-sized' tasks to the middle and high schoolers, busy moms, and retirees, we have them all, and they all have one thing in common: they are rockstars when it comes to giving!

To honor the commitment these individuals have to enriching the lives of our Residents, the Sisters hosted a

special 'Thank You' luncheon right here in our Auditorium. Cheery yellow blooms brightened tables and volunteers were treated to some of our Residents' favorite dishes from a buffet cooked up by the kitchen. Resident Berta Gleyzer treated attendees to lovely tunes on the piano, and AJJ members topped it all off by serving Resident and Baker extraordinaire Philip Miserendino's delicious mini pastries.

It was a truly a wonderful celebration of the kind hearts that give of themselves every day to ensure our Resident's have the best experience possible. By giving of their time they allow the Sisters the freedom to provide the Residents even more of their attention, care, and love.

If you are interested in volunteering and becoming a part of our family, contact Sr Colette at 804-377-4605.

Shop on Amazon? Give our Residents a 'Smile!'

Looking for a fun, easy way to help our home? Well we've just added a new forum for donations to our repertoire with a registration with AmazonSmile. If you're not familiar with the program, it allows Amazon shoppers to support their charity of choice just by shopping.

Simply go to www.smile.amazon.com, sign in, select 'Little Sisters of the

Poor in Richmond' as your designated charity, and get shopping! Amazon will donate 0.5% of the price of every eligible purchase you make on the site, at no additional cost to you.

Sign up today as a great way to make giving a hassle-free part of your everyday life!

Around Our Home



Celebrating a lovely Sunday visit, Chaplain of our home Father Ken Wood (left) and Bishop DiLorenzo pause for a picture with some of our Sisters.

Bishop DiLorenzo Visits

Our home recently received the great pleasure of having Bishop of Richmond Francis DiLorenzo come to celebrate Mass and visit with Residents. It was a beautiful Mass, and following the service Bishop DiLorenzo took time to personally greet Residents and visitors. We are so thankful that he was able to come to our home. The Residents so enjoyed his visit and look forward to seeing him again in the future!



Above, Residents Agnes Trimbach and Marcelline Niemann enjoy ice cream and a friendly chat. Below, Resident Tommy Stover decides on a favorite treat.

Keepin' it Cool with Summer Treats

Is there anything more satisfying than a nice cold ice cream on a hot summer day? We don't think so! Recently our Residents were treated to a visit from the 'Ice Cream King' truck, bringing frosty, tasty treats right to our doorstep.

It was a beautiful Sunday for a fresh summer treat, hanging out with friends, and enjoying the beautiful warm weather while it lasts. Thanks to the generosity of our benefactors, every day spent here is another day full of surprises, excitement, and fun for our Residents. Whether it is a sweet treat or a game of Bingo, our Residents know how to make the most of summer!

To keep up to date on all the fun going on here at the home, be sure to check out our blog at www.LittleSistersOfThePoorVirginia.org/blog.



Resident Kyle Henderson shows his appreciation for a day of excitement to Flying Squirrel's mascot Nutzy with a firm LSP handshake.

Guy's Night Out at the Ballpark, Flying Squirrels Style

The smell of hot dogs, the peppy buzz of the organ and the announcer through loud speakers, the crack of a bat sending a flash of white hurtling across a field—what says 'summer' more than an evening at the ballpark?

Here in Richmond the Diamond is the place to be to catch a good game, featuring the talents of the Flying Squirrels. Thanks to the generosity of Flying Squirrels' co-owner Brian Callaghan, our Residents were privy to a little bit of that special Squirrels ballpark magic from inside Mr. Callaghan's very own private box.

Treated to a buffet meal, popcorn, and a special greeting from mascot 'Nutzy,' some of our gentlemen enjoyed taking in the action and rooting for a Squirrels victory from the comfort of air conditioning and their cushy seats.

To cap off an evening of great fun, great food, and great baseball, our Residents broke out into a rousing rendition of 'Take Me Out to the Ballgame,' and it was evident to any who heard the cheerful tune that it was a day that would stay with them in memory for a very long time.

A Simple Note

BY: MOTHER MARIE EDWARD



Procuring tickets that enabled four Little Sisters to see our Holy Father Pope Francis in Washington D.C. was beyond our wildest expectations but that is exactly what happened. Yes, he came to visit us at our Home in Washington after the Mass at the Basilica. To have the opportunity to shake his hand and kiss his ring was one of the happiest moments of my life, as well as an everlasting memory to

be treasured.

In the wake of the visit of Our Holy Father, I am reminded of his words that underscore the importance of your gifts to our dear Residents: "Where there is no honor to the elderly, there is no future for the young." Your faithful support has aided us in making life pleasant and meaningful for the Elderly, as well as inspiring them to face each new day with courage and perseverance. Your generosity honors our Residents in this time of their lives, and reinforces the community in which the children of our future will thrive.

During this season of fall, let us have the conviction that happiness is not a goal but a byproduct of a life well lived to return to God the gifts He has bestowed on us to help make the world a better place; to restore order where there is none; to bring hope to people who have none; and to pray for peace where there is none! Rest assured, your intentions were included in that hand shake with the Pope as I glanced into his pensive yet prayerful eyes of deep "Faith."

UPCOMING EVENTS

- **38th Annual Christmas Bazaar**
Saturday, November 14, 2015
9:00 AM - 2:00 PM
1503 Michaels Rd
- **42nd Annual Benefit Dinner**
Thursday, February 11, 2016
The Commonwealth Club
* If you are interested in receiving an invitation, please email Corinne Waldrop at ecrichmond@littlesistersofthepoor.org
- **8th Annual RVA French Food Festival**
Friday, April 29 - Saturday 30, 2016
1503 Michaels Rd
* Sponsorship opportunities are still available for RVA French Food Festival 2016. Please contact Corinne Waldrop at ecrichmond@littlesistersofthepoor.org for more information.

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Vist us at www.littlesistersofthepoorvirginia.org

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